

Family therapy as embodied dialogical dance

The contemporary research on intersubjectivity has widened our understanding of the power of dialogue as embodied experience in the same way as new born baby become connected with those nearest to hear in an active way.

In intersubjectivity research there has been some focus - but all too small - on multiactor dialogues. Seeing the power of multiactor dialogue - as therapy meeting with families in psychotic crises in Open Dialogue approach – has supported my hypothesis of the basis of human life as being part in polyphonic triangular settings instead of looking at dyadic situations only.

In the workshop we will emphasize the aspects of intersubjectivity in multiactor dialogues and experiences in Open Dialogue approach in most severe crises. I will also present the new research project Relational Mind in Events of Change in Multiactor dialogues, in which we aim is to look at all elements of dialogue including measurement of both therapists and clients autonomic nervous system at the same time to see the embodied responses to each other.

In the workshop the subject will be focused by small lectures, dialogues and some training episodes.